

CIEC High Adventure Team

Canoeing



Lake Perris training:
Saturday, 10/23/2010 8 am to 4 pm

or

Sunday, 10/24
(Choose ONE of these days.)

Please make your reservation
no later than Friday,
10/15/2010

Overnighter **11/5-7** – Fiesta Island, San Diego Cost: \$35.00

Who:
Adults and
Venturing Age Youth (14+)
Max enrollment: 20

Find out
where the
fun is.

Other HAT Courses
bsa-ciec.org/HAT

Trekking with picnic
box and Dutch oven.

Prerequisites:
- Safe Swim Defense & Safety Afloat
- BSA Swim Test results – to verify
that you are a Swimmer

Bring:
- Spare clothes AND shoes
- Sack Lunch
- Folding Camp Chair

Which end of the paddle
do you use, when?

contact: Paula Boothe towonuni@aol.com

Volunteer Services 1-877-732-1450

-----**Clip & Turn In**-----

Fill out and mail to CIEC, PO Box 8910, Redlands, CA 92375

HAT Canoeing 10/23/10
Acct # 1-6801-732-20

Name: _____ UNIT: _____

Address: _____

City: _____ CA Zip: _____

Phone () _____ E-mail address: _____

COST: \$35.00 Form of payment [] Cash [] Check-Make checks payable to: CIEC – BSA [] Credit Card

CREDIT CARD # _____ EXP: _____

[] Visa [] Mastercard [] Discover [] American Express [] Other: _____

_____ Date: _____
Authorization Signature:



Canoeing Basics gets you ready for everything from an afternoon on a lake to a week on the Colorado River!

- This course developed by leaders of the 1999 Northern Tier expedition to Canada.
- Review First Aid and CPR.
- Learn the details of Safe Swim Defense & Safety Afloat. Practice with the safety equipment.
- Learn canoe handling, paddling ...
- ... and camping next to waterways.
- Learn safety AND fun.
- Practice handling the "emergencies" - swamped canoe rescues.
- Complete the requirements for the [Canoeing Merit Badge](#).
- This course available to adults and Venturing-age youth (14+).

